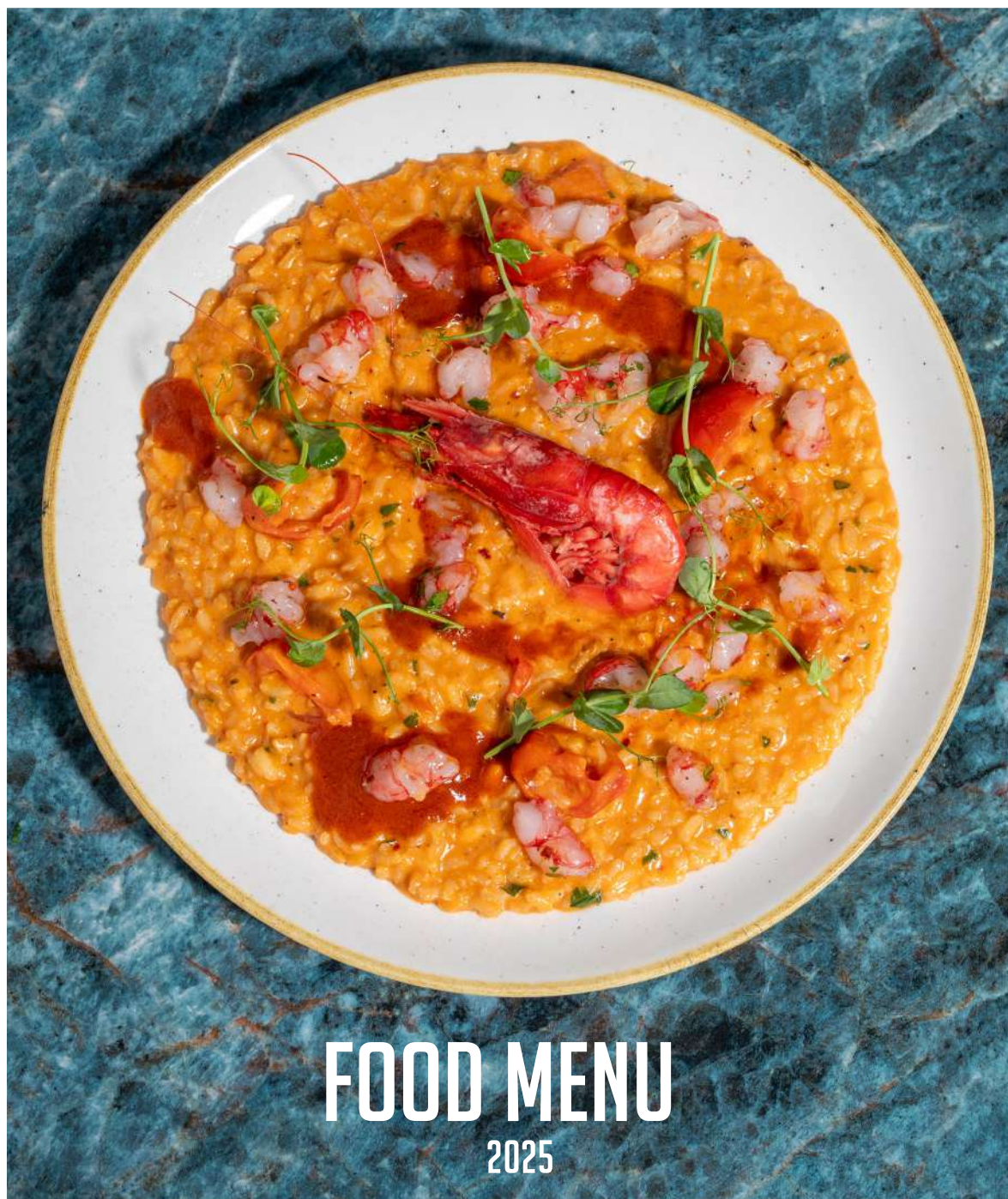


sensi

lido



FOOD MENU
2025

ABOUT US

Welcome to Sensi Lido – 25 Years of Family, Flavor & the Sea.

Nestled along the sparkling shores of St. Thomas Bay, Sensi Lido has been a beloved family-run seaside retreat for over 25 years.

With a passion for hospitality and a dedication to exceptional cuisine, we continue to evolve while staying true to our commitment — blending tradition with innovation to offer an unforgettable dining experience.

Our menu is a reflection of this journey, featuring the freshest seafood, delicate crudo, handcrafted pasta, vibrant salads, succulent meats, and artisanal pizza — all crafted with the finest ingredients and a touch of seaside soul.

Thank you for being part of our story. Sit back, savor, and let your senses sail.
Enjoy the flavors of Sensi!



STARTERS

BRUSCHETTA

Tomato, onion, olives, basil. olive oil.

+Mozzarella €2.00

€7.00

AUBERGINE PARMIGIANA

Tomato sauce, basil & parmeggiano.

€12.00

SALMON TARTARE

Olive oil, fresh lemon juice, chili, salt & pepper.

€14.00

TUNA TARTARE

Olive oil, fresh lemon juice, chili, salt & pepper.

€14.00

POT OF FRESH MUSSELS

Mussels cooked in white wine & garlic.

€14.00

BEEF TARTARE

Olive oil, rucola, parmesan shavings, salt & pepper.

€18.00

OYSTERS

Served with lemon & tabasco.

€4 EACH

LOCAL PRAWN CRUDO

Olive oil, fresh lemon juice, salt & pepper.

€5 EACH

OCTOPUS CARPACCIO

Olive oil, fresh lemon juice, chili, salt & pepper.

€18.00

CALAMARI FRITTI

Served with tartar sauce.

€16.00

MALTESE PLATTER (TO SHARE)

Sundried tomato, local goat cheese, maltese sausage, bigilla, olives & bread.

€20.00

COLD CUTS PLATTER

Parma ham, mortadella, salami piccante, burrata, provolone.

€25.00



CRUDO PLATE

Daily fresh fish available.
Ask server for the platter of the day

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FRESH PASTA

GNOCCHI SORRENTINA

€14.00

Tomato sauce & mozzarella di bufola.

SPAGHETTI CARBONARA

€15.00

Guanciale, fresh egg, pecorino cheese, black pepper.

SPAGHETTI AMATRICIANA

€15.00

Guanciale, pecorino, tomato sauce, black pepper.

GARGANELLI BEEF

€16.00

Beef, mushroom, onion, garlic, parmesan shavings, fresh cream, fresh herbs.

GARGANELLI CHICKEN

€16.00

Chicken, mushroom, onion, garlic, fresh cream, parmesan cheese, fresh herbs.

RISOTTO CACIO PEPE

€14.00

Homemade sauce.

SPAGHETTI VONGOLE

€17.00

Olive oil, fresh clams, garlic, white wine, parsley.

SPAGHETTI MARINARA

€20.00

Cherry tomato, garlic, prawn bisque, calamari, mussels, vongole & local king prawn.

SPAGHETTI OCTOPUS

€18.00

Onion, tomato, olives, garlic, octopus, tomato sauce.

PACCHERI PISTACCHIO, BURRATA & PRAWN

€22.00

Pistachio pesto, local prawn finished with burrata & crushed pistachio.

LOCAL PRAWN RISOTTO

€20.00

Local prawn, cherry tomato, prawn bisque, garlic, fresh herbs.



SALADS

GRILLED CHICKEN

Lettuce, rucola, cherry tomato, onion, chicken thighs, honey mustard, parmesan.

€14.00

SMOKED SALMON

Lettuce, rucola, cherry tomato, cucumber, avocado, onion, smoked salmon, cream cheese.

€16.00

FRESH TUNA SALAD

Lettuce, rucola, cherry tomato, cucumber, onion, marinated fresh tuna, olives, herb dressing.

€16.00

GREEK

Lettuce, rucola, cherry tomato, cucumber, onion, black olives, bell peppers, feta cheese, olive oil.

€14.00

CAPRESE

Mozzarella di bufola, tomato, basil.

€13.00

THAI BEEF

Cabbage, cherry tomato, cucumber, crispy onion, peppers, teriyaki thai beef.

€16.00

COLD OCTOPUS SALAD

Lettuce, onion, cherry tomato, olives, carrot, marinated cold octopus, mint & basil.

€18.00



SERVED TILL 18:00

WRAPS

ALL OUR WRAPS ARE SERVED WITH CRISPS

CHICKEN

Grilled chicken thighs, lettuce, tomato, onion, honey mustard dressing.

€9.00

SMOKED SALMON

Smoked salmon, cream cheese, rucola, onion, tomato, cucumber.

€9.00

TUNA MAYO

Tuna, tomato, onion, lettuce, cucumber, boiled egg, mayonnaise.

€9.00

FALAFEL (V)

Rucola, tomato and onion salsa, cucumber, falafel, sundried tomato sauce.

€9.00

SPICY CHICKEN

Lettuce, grilled chicken, onion, jalapeños, homemade spicy sauce.

€9.00

PULLED PORK

Pulled pork, caramelized onion, lettuce, bell peppers, bbq sauce.

€9.00

HOMEMADE ANGUS BURGERS

ALL OUR BURGERS ARE SERVED WITH FRIES

CLASSIC BURGER

220g Beef patty, Lettuce, tomato, onion, homemade burger sauce.

€10.00

CRISPY CHICKEN BURGER

Lettuce, tomato, onion, crispy fried chicken, homemade burger sauce.

€10.00

CHEESE BURGER

220g Beef patty, Lettuce, tomato, onion, red leicester, homemade burger sauce.

€11.00

PULLED PORK BURGER

Pulled Pork, caramelized onion, cabbage, BBQ sauce.

€13.00

LONDONER BURGER

Beef patty, bacon, red leicester cheese, onion, gherkins, honey mustard sauce.

€14.00

MALTESE BURGER

220g Beef patty, Maltese sausage, goat cheese, caramelized onion, sundried tomato sauce.

€14.00



MEXICAN BURGER **[SPICY]**

220g Beef patty, spicy cheese, jalapenos, homemade spicy sauce.

€14.00

JACK DANIEL BURGER

220g Beef Patty, cheese, lettuce, caramelized onion, bacon, Jack Daniels sauce.

€14.00

TRUFFLE BURGER

220g Beef Patty, provola, mushrooms, onions, truffle mayo.

€14.00

BRIE BACON BURGER

220g Beef Patty, onion, bacon, brie cheese, rucola, homemade burger sauce.

€14.00

SENSI BURGER

220g Beef patty, caramelized onion, fried egg, bacon, cheese, homemade burger sauce.

€16.00



MEAT

RIBEYE

Served with roasted vegetables & mash potato.

€30.00

FILLET

Served with roast vegetables & mash potato.

€35.00

BEEF TAGLIATA

Rucola, parmesan shavings, cherry tomato.

€28.00

DUCK BREAST

Served with mash potato & marsala jus.

€22.00

CHICKEN BREAST WITH MUSHROOM SAUCE

Served with roasted vegetables & mash potato.

€18.00

CHICKEN ROULADE

Rolled chicken breast filled with parmaham, provola cheese & truffle sauce. Served with mash potato.

€20.00

VEAL MILANESE

Served with salad & roast potatoes.

€20.00

MEAT PLATTER

Ribeye, maltese sausage, beef tagliata, chicken breast.

€40.00



FISH

FISH & CHIPS

2 Pieces traditional battered cod served with chips, salad and tartar sauce.

€15.00

SESAME CRUSTED SOY TUNA

Served with fresh salad.

€18.00

PAN FRIED SEABASS

Served with roast vegetables & potatoes.
Garnished with lemon herb dressing.

€20.00

OCTOPUS IN GARLIC

Octopus cooked in garlic, onion, olives, cherry tomatoes served with chips & bread.

€24.00

SALMON

Pan seared salmon fillet cooked in seafood sauce, mussels & vongole.

€22.00

FRITTO MISTO

Calamari, prawns, zucchini, seabass, salmon served with tartar sauce.

€40.00



FISH PLATTER (TO SHARE)

Local prawns, calamari fritti, mussels & vongole saute, octopus & seabass.

€70.00



VEGAN

FALAFEL SALAD

Rucola, lettuce, tomato, cucumber, onion, falafel & tzaziki.

€12.00

VEGETABLE STIRFRY

Seasonal vegetables served with white rice.

€14.00

KIDS AREA

GARGANELLI KIDS PASTA (RED OR WHITE SAUCE)

€7.00

6 MOZZARELLA STICKS & CHIPS

€7.00

6 NUGGETS & CHIPS

€7.00

SAUCES

MUSHROOM SAUCE

€3.00

PEPPER SAUCE

€3.00

HOMEMADE SPICY SAUCE

€3.00

SIDES

ROASTED POTATOES

€3.00

ROASTED VEGETABLES

€3.00

CHIPS

€3.00

FRESH SALAD

€3.00

PIZZA

MARGERITA

Tomato sauce, mozzarella, basil.

€9.00

PEPPERONI

Tomato sauce, mozzarella, pepperoni.

€11.00

FUNGHI

Tomato sauce, mozzarella, mushrooms.

€11.00

TUNA

Tomato sauce, mozzarella, tuna, onion, olives, cherry tomatoes.

€12.00

CAPRICCIOSSA

Tomato sauce, Mozzarella, boiled egg, ham, mushrooms, olives.

€12.00

MALTESE

Tomato sauce, mozzarella, onion, olives, goats cheese, maltese sausage.

€13.00

BBQ CHICKEN

Tomato sauce, mozzarella, bell peppers, onions, chicken, BBQ sauce.

€14.00

VAMPIRO (SPICY)

Tomato sauce, mozzarella, caramelized onions, jalapeños, spianata salami.

€13.00

PARMA

Tomato sauce, mozzarella, rucola, parma ham, parmesan cheese, cherry tomatoes.

€14.00

AMATRICIANA

Tomato Sauce, mozzarella, guanciale, pecorino.

€14.00

CARBONARA

Cream, mozzarella, guanciale, egg, pecorino.

€14.00



SIGNATURE PIZZA

BIANCA

€13.00

Cream, mozzarella, ham, mushrooms.

TARTUFO

€15.00

Truffle cream, mozzarella, onions, mushrooms, rucola.

SALSICCIA PICCANTE [SPICY]

€14.00

Tomato sauce, mozzarella, maltese sausage, spinata salami, caramelised onions, fresh chili.

TRUFFLE PIZZA

€14.00

Truffle cream, mushroom, maltese sausage, parmesan cheese.

SALMON & PRAWN

€16.00

Tomato sauce, mozzarella, olives, onions, cherry tomatoes, smoked salmon, prawns.

PULLED PORK [SPICY]

€16.00

Tomato sauce, mozzarella, pulled pork, onions, bell pepper, fresh chili & BBQ sauce.

SENSI SPECIAL

€16.00

Pistachio cream, mortadella, burrata, basil, crushed pistachio, olive oil.



ST.THOMAS BAY GARDENS, MARSASKALA
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