

sensi

lido



FOOD MENU

2026

STARTERS

ITALIAN BRUSCHETTA

Olive oil, basil & a mix of tomatoes.

Add Burrata Cream €3.00

€10.00

TRIO BRUSCHETTA

Italian bruschetta, local raw prawn, parma ham & burrata cream.

€14.00

ARANCINI

Truffle mushroom arancini. Served with parmesan cream.

€12.00

BEEF CARPACCIO

Mix tomatoes, parmesan snow & spinach.

€15.00

SALMON CARPACCIO

Olive oil, fresh lemon juice, parsley, dill & onion jam.

€14.00

TUNA CARPACCIO

Olive oil, fresh lemon juice, parsley & fig jam.

€14.00

OCTOPUS CARPACCIO

Olive oil, caper, sundried tomato, fresh lemon & parsley.

€16.00

LOCAL FRESH PRAWNS

5 Raw prawn's, olive oil & lemon juice.

€20.00

OYSTERS GILLARDEOU

€5 EACH

POLPETTE NEONATI

Homemade polpette neonati served with tartar sauce & lemon.

€14.00

TUNA GAZPACHO

Cold gazpacho dressing, thin sliced raw fresh tuna & cherry tomatoes.

€16.00

VONGOLE & MUSSEL SAUTEE

Vongole & mussel's cooked in white wine, garlic, parsley, lemon & olive oil.

€16.00

CALAMARI FRITTI

Fried calamari served with tartar sauce & lemon.

€16.00

SEABASS TARTARE

Seabass, green apple, red onion, fresh chili, lime zest & wakame.

€16.00

MALTESE PLATTER (TO SHARE)

Sundried tomatoes, local goat cheese, maltese sausage, bigilla, black olives & maltese bread.

€22.00

CRUDO SHARING PLATE

€45/ €85/135

Salmon carpaccio, tuna carpaccio, octopus carpaccio, oysters and local red prawns.



PASTA & RAVIOLI

SPAGHETTI CARBONARA

Guanciale, fresh egg yolks, pecorino cheese & black pepper.

€17.00

RIGATONI BOLOGNESE

Slow cooked beef bolognese sauce.

€17.00

RIGATONI CHICKEN

Butter, mushroom, parmesan, cream, bacon & chicken breast.

€17.00

GNOCCHI SAFFRON & MUSSELS

White wine, fresh lemon juice, mix cherry tomatoes, saffron & mussels.

€18.00

SPAGHETTI VONGOLE

Fresh vongole clams, chili, garlic, parsley & olive oil.

€19.00

SPAGHETTI LANGOUSTINE

Rucola cream, mix cherry tomatoes & raw tartare langoustine.

€20.00

PACCHERI TUNA

Yellow cherry tomato sauce, basil & tuna tartare on the top.

€20.00

PACCHERI OCTOPUS

Tomato sauce, garlic, onion, olives, cherry tomatoes & octopus.

€20.00

LINGUINE MARINARA

Mussel's, vongole, calamari & king prawns cooked in prawn bisque sauce.

€21.00

LINGUINE PISTACCHIO BURRATA & PRAWN

Pistacchio pesto, burrata cream, mix cherry tomatoes & raw prawn tartare on top.

€22.00

BURRATA RAVIOLI

Burrata filled ravioli cooked in a yellow cherry tomato sauce, burrata cream & fresh basil.

€20.00

RAVIOLI CRAB & LOBSTER

Crab & Lobster filled ravioli cooked in a rich prawn bisque sauce & fresh basil.

€22.00



BURGERS

ALL OF OUR BURGERS ARE SERVED WITH FRIES



CLASSIC CHEESE & BACON €14.50

Brioche bun, beef patty, american cheese, bacon, gherkin's, carmelized onion & homemade burger sauce.

CHICKEN BURGER €12.50

Brioche bun, fried chicken, carmelized onion, lettuce & garlic mayo.

CHILLIES CHEESE (SPICY) €14.50

Brioche bun, beef patty, american cheese, fresh chillies, carmelized onion & homemade spicy sauce.

MALTESE €15.50

Brioche bun, beef patty, goat cheese, carmelized onion, maltese sausage & homemade burger sauce.

JACK DANIEL'S €15.50

Brioche bun, beef patty, provola cheese, bacon, carmelized onion & Jack Daniel's sauce.

SENSI BURGER €16.50

Brioche bun, beef patty, provola cheese, bacon, fried egg, carmelized onion & homemade burger sauce.

RISOTTO

RISOTTO RED PRAWNS €20.00

Olive oil, prawn sauce, basil, parsley, raw & cooked local red prawns.

RISOTTO CHICKEN & SAFFRON €18.00

Mushroom, saffron, chicken breast, butter & parmesan.

RISOTTO PUMPKIN & GUANCIALE €18.00

Olive oil, pumpkin cream, burrata cream & guanciale.



SALADS

GRILLED CHICKEN €15.00

Mixed green's, cucumber, onion, cherry tomato, vinaigrette, grilled chicken breast, parmesan snow & garlic mayo.

SMOKED SALMON €15.00

Mixed green's, cucumber, onion, cherry tomato, vinaigrette, avocado, smoked salmon & cream cheese.

TUNA SALAD €14.00

Mixed green's, cucumber, onion, cherry tomato, black olive's, vinaigrette, tuna & boiled egg.

GREEK €14.00

Mixed green's, green peppers, black olives, cherry tomato, onion, cucumber, feta cheese & oregano.



WRAPS

ALL OUR WRAPS ARE SERVED WITH CRISPS.
SERVED TILL 17.00PM

CHICKEN €10.00

Mixed green's, tomato, cucumber, fried chicken & garlic mayo.

SMOKED SALMON €10.00

Mixed green's, tomato, cucumber, cream cheese, smoked salmon & smashed avocado.

TUNA €10.00

Mixed green's, tomato, cucumber, tuna, boiled egg & garlic mayo.

KIDS AREA

SPAGHETTI WHITE SAUCE & HAM €8.00

RIGATONI RED SAUCE & PARMESAN CHEESE €8.00

6 CHICKEN NUGGETS & CHIPS €8.00

MEAT MAINS

RIBEYE €35.00

350G Ribeye served with roast potatoes & roast vegetables.

BEEF TAGLIATA €30.00

350G Beef tagliata served with rucola, parmesan, cherry tomatoes & roast potatoes.

CHICKEN BREAST €22.00

Grilled chicken breast cooked in mushroom sauce. Served with roast potato & roast vegetables.

FRIED RABBIT WITH GRAVY €22.00

Pan fried rabbit cooked in garlic & gravy. Served with chips.

VEAL MILANESE €22.00

Fried veal served with chips & salad.

PORK LOIN €22.00

Grilled pork loin served with roast potato, roast vegetables & jus.



FISH MAINS

FISH & CHIPS €17.00

Battered cod, chips, tartar sauce & fresh lemon.

BUTTERFLY SEABASS €22.00

Pan fried butterfly seabass with roast potatoes, roast vegetables & caper red sauce.

FRITTO MISTO €40.00

Calamari, king prawns, polpetti neonati, salmon. Served with tartar sauce & fresh lemon.

SEAFOOD PLATTER (TO SHARE) €70.00

King prawns, grilled calamari, seabass, mussels & vongole.



TUNA STEAK €22.00

Grilled Tuna served with roast pumpkin, roast potato & lemon vinaigrette.

GRILLED SALMON €24.00

Grilled salmon served with roast vegetables & roast potatoes.



PIZZA

ADD PARMESAN CRUST €2

MARGERITA

€9.00

Tomato sauce, mozzarella & basil.

PEPPERONI

€11.00

Tomato sauce, mozzarella & pepperoni.

TUNA

€12.00

Tomato Sauce, mozzarella, black olive, onion, tuna & basil.

CAPRICCIOSA

€13.00

Tomato Sauce, mozzarella, mushroom, ham, boiled egg & basil.

MALTESE

€13.00

Tomato sauce, mozzarella, black olive, onion, sundried tomatoes, goat cheese & maltese sausage.

RUSTICA

€13.00

Mozzarella, sliced tomato, anchovies, pecorino & basil.

BBQ CHICKEN

€14.00

Tomato sauce, mozzarella, chicken breast, onion & BBQ sauce.

PUMPKIN LOVE

€14.00

Pumpkin cream, mozzarella, basil, bacon & provola cheese.

PARMA

€14.00

Tomato sauce, mozzarella, rucola, cherry tomato, parma ham, olive oil & parmesan snow.

CARBONARA

€14.00

Mozzarella, guanciale, egg, pecorino, black pepper & served with parmesan crust.

SALSICCIA PICCANTE (SPICY)

€15.00

Tomato sauce, mozzarella, onion, spicy nduja, maltese sausage & fresh chilies.

QUATTRO FORMAGGI

€15.00

Mozzarella, provola, pecorino, burrata cream & served with parmesan crust.

TRUFFLE MUSHROOM

€15.00

Truffle cream, mozzarella, mushroom's, onion & rucola.

NDUJA CALABRESE (SPICY)

€16.00

Tomato sauce, nduja calabrese, mozzarella, burrata cream, onion, basil & served with parmesan crust.

SENSI SPECIAL

€16.00

Pistacchio cream, burrata cream, mortadella, crushed pistacchio & basil.



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